



Pre-Operative Instructions

BEFORE YOU ARRIVE:

- **Make arrangements for transportation.** You will not be allowed to drive yourself home nor leave the Center unattended. THIS IS FOR YOUR SAFETY. Also, you must arrange for a responsible adult to be with you at home after your procedure for the first twenty-four hours post-op.
- **Leave all of your valuables at home.** This includes money, jewelry, and handbags.
- **Know your financial responsibility before arriving the day of the procedure.** All payments should be completed by your surgical coordinator at the time of your pre-op. Payments will not be collected by the surgical center on the day of surgery.
- **Do not have anything to eat or drink after midnight the day before your procedure UNLESS instructed by your surgeon, gastroenterologist, or anesthesiologist.** This includes WATER, alcohol, caffeinated beverages such as coffee and tea. NOTE: failure to follow this instruction will result in the cancellation of your procedure.
- **Bathe or shower.** Please do not apply any make up or lotions to your skin.
- **Remove contact lenses.** Please bring reading glasses if necessary to review consent forms.
- **Wear loose-fitting, comfortable clothing.** Clothes that close down the front rather than pull over your head are best. No pantyhose or tight fitting pants.
- **Dentures.** You may wear your dentures but be prepared to have them removed for your procedure.

DAY OF YOUR SURGERY:

- **Arrive as directed by your surgical coordinator.** If you are not sure of what time to arrive please call your doctor's office to confirm. If you have a 7AM arrival time it is not necessary to arrive any earlier. A member of our staff will open the doors at 7AM sharp to greet you. If you are running late please call the clinic at (310) 277-4572.
- **Upon arrival you will be greeted by a member of our staff and instructed to complete and sign your admitting forms.** If you have not already done so, please bring a copy of your insurance card along with any financial payment due. Leave all other valuables at home.
- **Medications.** Bring a list of ALL medications you are currently taking. Please have your prescriptions filled and all medications with you to surgery.
- **Telephone number where you will be staying post surgery.** The receptionist and RN should be given the telephone number where you can be reached after surgery.
- **Post-Surgical Instructions.** The person caring for you will be instructed in your post-surgical care when they arrive for pick up once the surgeon has discharged you.