



### **After your Procedure**

- Rest on the day of your procedure. Always follow the specific post-operative instructions given to you from your surgeon's office and do not hesitate to call if you have any questions.
- If you received sedation or general anesthesia, your reflexes and mental ability may be impaired even though you may feel normal. Always have someone assist you when standing up or using the restroom.
- You may feel dizzy, lightheaded or sleepy for 24 hours or longer.
- Do not consume alcohol, drive, operate machinery, or make important personal or business decisions for 24 hours.
- If receiving general anesthesia, it is normal to feel generalized aching and sore muscles for 24 hours.
- A sore throat may occur.
- Drink plenty of fluids and progress to solids as tolerated.
- Call your doctor if you experience any of the following:
  - o Temperatures over 101°F
  - o Signs of infection
  - o Continued nausea/vomiting
  - o Excessive pain
  - o Swelling or bleeding
  - o Excessive drainage
- Your surgeon or an appointed member of the surgical staff will call you after you have arrived home
- In case of emergency, call 911 immediately